

**How to use:** Dietary supplements should not be used as a substitute for a balanced diet.

**Dosage:** Take 1 sachet of 5ml per day, or as directed by your healthcare professional.

Can be taken directly (neat) or mixed with water or juice.

Do not exceed recommended dose unless directed by your healthcare professional.

Dietary Supplement Facts	
Serving Size: 1 Sachet (5ml)/Servings per Container: 30	Amount per serving
Curcumin-extract (as Cureit®) <sup>1</sup>	100 mg

**Other ingredients:** Water, Emulsifier (GMO-free Sunflower Lecithin), Xylitol, Glycerol, Potassium-sorbate, Stevia, Anti-oxidant (Vitamin E), Xanthan gum.  
May contain traces of Soy & Sesame seeds.

1. Cureit®: Curcuminoids extract from Turmeric in three forms. Curcumin I: (Curcumin); Curcumin II (DemethoxyCurcumin); Curcumin III (Bisdemethoxy Curcumin). Constituent II: Turmerin, Proteins, Fibre, Minerals and Carbohydrates - water extraction from Turmeric. Constituent III: Essential Oil of Turmeric; composition of essential oils of Curcuma longa. Bioavailable & bio-efficient turmeric extract, obtained

using PUS technology (45-50% curcuminoids, 2% turmerin). Patent Application Number - 3646 / CHE / 2013 PNS Technology - E-1 / 11319 / 2015-CHE (Polar Non-Polar Sandwich Technology).

If you are pregnant or breastfeeding, have a medical condition, or are taking medication, consult your healthcare professional before taking this product.

**Storage:** Store below 25 °C. Keep in a dry and cool place. Keep out of reach of children. Should not be used after the expiry date on the package. Do not take if the tamper evident seal is broken or missing.